FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL									
	OMB Number:	3235-0287								
l	Estimated average burden									
l	hours nor resnance.	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* ARMFIELD WILLIAM J IV				2. Issuer Name and Ticker or Trading Symbol UNIFI INC [UFI]										Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner							
(Last) 300 N GRE	(Last) (First) (Middle) 300 N GREENE ST SUITE 2190				12/17	3. Date of Earliest Transaction (Month/Day/Year) 12/17/2003										Offic belov	officer (give title elow)		Other (speci below)		
(Street) GREENSBORO NC 27401 (City) (State) (Zip)					4. If Amendment, Date of Original Filed (Month/Day/Year)										Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(0.0)		-	ative S	ive Securities Acquired, Disposed of, or Benefic											cially Owned						
1. Title of Security (Instr. 3)				2. Transac Date (Month/Da	ction	2A. Exe if a	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code (I	4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)			l (A) or	or 5. Am Secu Bene Owne		unt of ies cially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	rect direct	7. Nature of Indirect Beneficial Ownership			
						Code	v	Amount		(A) or (D)	Price		Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)				
Common				12/17/2003					G	V	4,400		D	\$0		1,074,130		D			
Common				12/17/2003					G	V	2,500)	D	\$0		1,071,630		D			
Common		12/17/2003					G	V	900		D	\$0		1,070,730		D					
Common		12/17/2003					G	V	2,600)	D	\$0		1,068,130		D					
Common		12/17/2003					G V		4,400		D	\$0		1,063,730		D					
Common		12/17/2003					G	V	1,000)	D	\$0		1,062,730		D					
Common					12/17/2003				G	V	8,500		D	\$0		1,054,230		D			
Common				12/23/2003					G	V	2,000		D	\$0		1,052,230		D			
Common																2,680		I		By Children's Trusts	
		Т	able II - I	Derivati (e.g., pu												wned					
Security (Instr. 3) Pr	erivative Conversion Date Execution Date, Trans ecurity or Exercise (Month/Day/Year) if any Code			1. Fransacti Code (Ins	5. Number 6				xercis n Dat	sable and e	7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		nstr. 3	8. F Der Sec (Ins	s. Price of Derivative Security Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	n: ct (D) idirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
Explanation of Responses:			C	Code V	,			Date Exercisal		Expiration Date	Tit	or Nu of	nount mber ares								

/s/ William J. Armfield, IV 06/24/2004

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{*} If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).