FORM 4

obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D	.C. 20549	
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP Check this box if no longer subject to Section 16. Form 4 or Form 5

OMB APPROVAL OMB Number: Estimated average burden

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hours per response:

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Weinberger Mitchel						2. Issuer Name and Ticker or Trading Symbol UNIFI INC [UFI]								Relationship of Reporting Person (Check all applicable) X Director) to Is		
(Last) 53 EAST	(Last) (First) (Middle) 53 EAST 34TH STREET					3. Date of Earliest Transaction (Month/Day/Year) 05/07/2014								Officer (give title below)			Other (specify below)			
(Street) PATERS)7514 Zip)		4. If									Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
		Tabl	e I - N	Non-Deriv	ative	Seci	uritie	s Ac	quire	ed, Di	isposed o	f, or B	Benefic	ially Own	ed					
Date			2. Transacti Date (Month/Day		Execution Year) if any		a. Deemed ecution Date, any onth/Day/Year)		action (Instr.						6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership			
									Code	v	Amount	(A) or (D)	Price	Transactio	on(s)			(Instr. 4)		
COMMO	COMMON STOCK 05/0			05/07/20)14				J ⁽¹⁾		44,664	D	\$0	761,847		I		by Dillon Yarn Corporation ⁽²⁾		
COMMON STOCK														35,4	08	D)			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Execu if any	eemed Ition Date, h/Day/Year)	4. Transa Code (8)		5. Num of Derivice Securical Acquical (A) or Disposof (D) (Instr. and 5	ative rities ired osed	Expir (Mon	ration D	Year) Expiration	7. Title Amoun Securit Underly Derivat Securit and 4)	nt of ties ying		9. Num derivat Securi Benefi Owned Follow Report Transa (Instr. 4	tive ties cially I ing ted action(s)	Ownership Form: Direct (D)		11. Nature of Indirect Beneficial Ownership (Instr. 4)	

Explanation of Responses:

- 1. Transfer of shares held by Dillon Yarn Corporation to certain of its employees in a series of private transactions.
- 2. The Reporting Person is the President and Chief Operating Officer of Dillon Yarn Corporation, which owns 761,847 shares of the Registrant's common stock. Pursuant to Instruction (4)(b)(iv) of Form 4, the Reporting Person has elected to report as indirectly beneficially owned the entire number of securities beneficially owned by such entity. The Reporting Person disclaims beneficial ownership of any securities, and any proceeds thereof, that exceed his pecuniary interest therein and/or are not actually distributed to him.

/s/Mitchel Weinberger by W. 06/05/2014 Randy Eaddy, POA

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.