FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5	STAT
obligations may continue. See	
Instruction 1(b).	

EMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* BERRIER R ROGER JR					2. Issuer Name and Ticker or Trading Symbol UNIFI INC [UFI]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner						
DERRIER RECOURTS																		
(Last)	(Last) (First) (Middle)				3. Date of Earliest Transaction (Month/Day/Year) 07/26/2006							\neg	X Officer below)	,			pecify	
148 BROADMOOR DRIVE					07/20/2000								Vice President					
(Street)					4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable Line)						
ADVANCE NC 27006												X Form filed by One Reporting Person Form filed by More than One Reporting						
(City)	(S	tate)	(Zip)								Person							
		Tab	ole I - Non-Do	erivati	ve Se	curities	s Ac	quired, I	Disp	osed o	f, or Be	neficia	lly Owned	l				
1. Title of Security (Instr. 3) 2. Transa Date (Month/D			е	Execution Date,		Code (Instr. 5)			ed (A) or tr. 3, 4 an	Benefici Owned I	es ally Following	6. Ownershi Form: Direct (D) or Indire (I) (Instr. 4)	t E	7. Nature of Indirect Beneficial Ownership				
			Code			v	Amount	(A) or (D)	Price	Reporte Transac (Instr. 3	tion(s)		(1	(Instr. 4)				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security 3. Transaction Date (Month/Day/Year) (Month/Day Security 3. Transaction Execution in if any (Month/Day)			d 4. Date, Transaction Code (Instr.		5. Number of		6. Date Exercisable and Expiration Date (Month/Day/Year)		ble and	7. Title and Amou of Securities Underlying Derivative Securiti (Instr. 3 and 4)		Derivative Security	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owner Form: Direct or Indi (I) (Ins	(D) rect	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	e V	(A)	(D)	Date Exercisabl		xpiration ate	Title	Amount or Number of Shares						
Stock Options (Right to Buy)	\$2.89	07/26/2006		A		21,666		07/26/2006	6 07	7/26/2016	Common Stock	21,666	5 \$0	21,666	D			
Stock Options (Right to Buy)	\$2.89	07/26/2006		A		21,667		07/26/2000	7 07	7/26/2016	Common Stock	21,667	7 \$0	43,333	D			
Stock	\$2.89	07/26/2006		A		21,667		07/26/2008	8 07	7/26/2016	Common	21,667	7 \$0	65,000	D			

Explanation of Responses:

/s/R. Roger Berrier, Jr.

07/28/2006

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{*} If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).