## SEC Form 4

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# FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

| Check this box if no lo | nger subject to |
|-------------------------|-----------------|
| Section 16. Form 4 or   |                 |
| obligations may contin  | ue. See         |
| Instruction 1(b).       |                 |

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

#### OMB APPROVAL OMB Number: 3235-0287 E h

| nours per response:      | 0.5 |
|--------------------------|-----|
| Estimated average burden |     |

| 1. Name and Address of Reporting Person <sup>*</sup><br><u>SILECK MICHAEL</u><br>(Last) (First) (Middle)<br>C/O UNIFI, INC.<br>7201 W. FRIENDLY AVENUE |         | n*                 | 2. Issuer Name and Ticker or Trading Symbol <u>UNIFI INC</u> [ UFI ]          |   | ationship of Reporting Person(s) to Issuer<br>k all applicable)<br>Director 10% Owner |                       |  |  |  |  |  |  |  |  |
|--|---------|--------------------|---|---|---|-----------------------|--|--|--|--|--|--|--|--|
|  |         | (Middle)           | 3. Date of Earliest Transaction (Month/Day/Year)<br>11/30/2009                |   | Officer (give title<br>below)   | Other (specify below) |  |  |  |  |  |  |  |  |
|  |         |                    | 4. If Amendment, Date of Original Filed (Month/Day/Year)                      | 6. Individual or Joint/Group Filing (Check Applicable Line) |   |                       |  |  |  |  |  |  |  |  |
| (Street)<br>GREENSBORO   | NC      | 27410              |   | X   | Form filed by One Rep<br>Form filed by More that<br>Person                            | 0                     |  |  |  |  |  |  |  |  |
| (City)   | (State) | (Zip)              |   |   |   |                       |  |  |  |  |  |  |  |  |
|  | Та      | blo I - Non-Doriva | Table L. Non-Derivative Securities Acquired Disposed of an Repeticially Owned |   |   |                       |  |  |  |  |  |  |  |  |

### Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3) | 2. Transaction<br>Date<br>(Month/Day/Year) | 2A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | Transaction<br>Code (Instr. |   |        |               |        | 5. Amount of<br>Securities<br>Beneficially<br>Owned Following<br>Reported | 6. Ownership<br>Form: Direct<br>(D) or Indirect<br>(I) (Instr. 4) | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership |
|---------------------------------|--|---|-----------------------------|---|--------|---------------|--------|---|---|---|
|                                 |  |   | Code                        | v | Amount | (A) or<br>(D) | Price  | Transaction(s)<br>(Instr. 3 and 4)  |   | (Instr. 4)  |
| Common Stock                    | 11/30/2009                                 |   | Р                           |   | 1,000  | A             | \$2.88 | 24,000  | D   |   |
| Common Stock                    | 11/30/2009                                 |   | Р                           |   | 1,000  | A             | \$2.92 | 25,000  | D   |   |
| Common Stock                    | 12/01/2009                                 |   | Р                           |   | 1,000  | Α             | \$2.99 | 26,000  | D   |   |
| Common Stock                    | 12/01/2009                                 |   | Р                           |   | 1,000  | Α             | \$3.01 | 27,000  | D   |   |
| Common Stock                    | 12/01/2009                                 |   | Р                           |   | 1,000  | Α             | \$3.06 | 28,000  | D   |   |

#### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned lo a pute calle warrante

| (e.g., p | uts, calls, | warrants, | options, convertib | le securities) |      |   |
|----------|-------------|-----------|--------------------|----------------|------|---|
|          |             |           |                    |                | 0.01 | Г |

| 1. Title of<br>Derivative<br>Security<br>(Instr. 3) | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 4.<br>Transa<br>Code (<br>8) |   | of         Expiration Date         Amount of         Derivative         derivative         Ow           Derivative         (Month/Day/Year)         Securities         Securities         Securities         Beneficially         Dir           Acquired         Derivative         Derivative         Ow         Beneficially         Dir |     | Expiration Date<br>(Month/Day/Year)<br>d |                    | Expiration Date Amount of<br>Month/Day/Year) Securities<br>Underlying<br>Derivative<br>Security (Instr. 3 |  | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |  |  |
|---|---|--|---|------------------------------|---|--|-----|--|--------------------|---|--|--|--|--|--|
|   |   |  |   | Code                         | v | (A)  | (D) | Date<br>Exercisable                      | Expiration<br>Date | Title   | Amount<br>or<br>Number<br>of<br>Shares |  |  |  |  |

Explanation of Responses:

/s/Michael Sileck by Charles F. 12/02/2009

McCoy, POA

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.