FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* JASPER WILLIAM L						2. Issuer Name and Ticker or Trading Symbol UNIFI INC [UFI]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last) 404-B FI	Last) (First) (Middle) 404-B FISHER PARK CIRCLE				3. Date of Earliest Transaction (Month/Day/Year) 04/19/2006								X Officer (give title below) Other (specify below) VICE PRESIDENT				pecify	
(Street) GREENSBORO NC 27401					4. If Amendment, Date of Original Filed (Month/Day/Year)								S. Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting					
(City) (State) (Zip)													Person					
		Tal	ole I - Non-l	Deriva	tive S	ecuritie	es Ac	cquired, C	Disp	osed o	f, or Be	neficia	lly Owned					
Date				l. Transac Date Month/Da	Execution Date,			Code (Instr.		4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4 5)			Benefici	es ally Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
									v	Amount	(A) oi (D)	Price	Transact (Instr. 3	ion(s)	(s) (4)		(Instr. 4)	
			Table II - Do (e					uired, Di	•				y Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution Dat if any (Month/Day/Yo	Co	nsactio de (Insti		ative ities red sed (Instr.	6. Date Exercisa Expiration Date (Month/Day/Year			of Securit Underlyin Derivative	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership t (Instr. 4)	
				Cod	de V	(A)	(D)	Date Exercisable		xpiration ate	Title	Amount or Number of Shares						
Stock Option (Right to Buy)	\$3.4	04/19/2006		А		33,333	3	04/19/2006	i 04	4/19/2016	Common Stock	33,333	\$0	33,333	3	D		
Stock Option (Right to Buy)	\$3.4	04/19/2006		А		33,333	3	04/19/2007	04	4/19/2016	Common Stock	33,333	\$0	66,666	5	D		
Stock Option (Right to Buy)	\$3.4	04/19/2006		A		33,334		04/19/2008	04	4/19/2016	Common Stock	33,334	\$0	100,00	0	D		

Explanation of Responses:

William L. Jasper/Charles F. McCoy, POA

04/20/2006

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.