SEC Form 4	
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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											ipuny Act	01 20 10							
1. Name and Address of Reporting Person* WOOLDRIDGE WILLIE M JR						2. Issuer Name and Ticker or Trading Symbol <u>UNIFI INC</u> [UFI]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle) 141 FOREST RIDGE						3. Date of Earliest Transaction (Month/Day/Year) 06/28/2004								X Office below	, ,	Presid	Other (specify below) resident		
(Street) STOKES (City)	STOKESDALE NC 27357				- 4.	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
				2. Tran Date (Month		'ear)	2A. Deemed Execution Date, if any (Month/Day/Year)		Code (In	Transaction Disposed Code (Instr. 5)		rities Acquired (A) ed Of (D) (Instr. 3, 4		Benefic Owned	es ially Following	Form (D) o	vnership n: Direct r Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership	
							Code	v	Amount	(A) o (D)	r Price	Transac	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution I if any (Month/Day	Date,	4. Transaction Code (Instr 8)		n of		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amou of Securities Underlying Derivative Securit (Instr. 3 and 4)		Derivative Security	9. Number derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e Ownershi s Form: lly Direct (D) or Indirec (I) (Instr. 4		Beneficial Ownership ct (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisable		xpiration ate	Title	Amoun or Numbe of Shares						
Stock Options (Right to Buy)	\$2.76	06/28/2004			A		33,333		06/28/2004	00	6/28/2014	Common Stock	33,33	3 \$0	33,33	3	D		
Stock Options (Right to	\$2.76	06/28/2004			A		33,333		06/28/2005	00	6/28/2014	Common Stock	33,33	3 \$0	66,66	6	D		

Explanation of Responses:

\$2.76

Buy) Stock Options

(Right to

Buy)

/s/ Willie M. Wooldridge, Jr. 06

33,334

\$<mark>0</mark>

Common

Stock

06/28/2014

** Signature of Reporting Person

<u>06/29/2004</u> Date

100,000

D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

06/28/2004

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

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Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

33.334

06/28/2006