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SCHEDULE 13G
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Item 4. Ownership

(a)

10,665,591

Amount Beneficially Owned:

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Amendment No. 2
Unifi Incorporated
common stock
Cusip # 904677101
Filing Fee: No
Cusip # 904677101
Item 1: Reporting Person - FMR Corp. - (Tax ID: 04-2507163)
Item 4: Commonwealth of Massachusetts
Item 5: 503,890
Item 6: None
Item 7: 10,665,591
Item 8: None
Item 9: 10,665,591
Item 11: 14.78% Item 12: HC
Item 12:
Cusip # 904677101
Item 1: Reporting Person - Edward C. Johnson 3d - (Tax ID: ###-##-###)
Item 4: United States of America
Item 5: None
Item 6: None
Item 7: 10,665,591
Item 8: None
Item 9: 10,665,591
Item 11: 14.78%
Item 12:
               IN
SCHEDULE 13G - TO BE INCLUDED IN STATEMENTS
FILED PURSUANT TO RULE 13d-1(b) or 13d-2(b)
Item 1(a).
               Name of Issuer:
                Unifi Incorporated
               Name of Issuer's Principal Executive Offices:
Item 1(b).
                7201 West Friendly Road, P.O. Box 19109
                Greensboro, NC 27419
Item 2(a).
               Name of Person Filing:
               FMR Corp.
Item 2(b).
               Address or Principal Business Office or, if None, Residence:
                82 Devonshire Street, Boston, Massachusetts 02109
Item 2(c).
               Citizenship:
                Not applicable
               Title of Class of Securities:
Item 2(d).
                Common Stock
Item 2(e).
                CUSIP Number:
                904677101
Item 3. This statement is filed pursuant to Rule 13d-1(b) or 13d-2(b) and the
person filing, FMR Corp., is a parent holding company in accordance
with Section 240.13d-1(b)(ii)(G). (Note: See Item 7).
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(b) Percent of Class:

14.78%

- (c) Number of shares as to which such person has:
- (i) sole power to vote or to direct the vote: 503,890
- (ii) shared power to vote or to direct the vote:
 None
- (iii) sole power to dispose or to direct the disposition of: 10,665,591
- (iv) shared power to dispose or to direct the disposition of: None $\$
- Item 5. Ownership of Five Percent or Less of a Class.

Not applicable.

Item 6. Ownership of More than Five Percent on Behalf of Another Person.

Various persons have the right to receive or the power to direct the receipt of dividends from, or the proceeds from the sale of, the common stock of Unifi Incorporated. No one person's interest in the common stock of Unifi Incorporated is more than five percent of the total outstanding common stock.

Item 7. Identification and Classification of the Subsidiary Which Acquired the Security Being Reported on By the Parent Holding Company.

See attached Exhibit(s) A and B.

Item 8. Identification and Classification of Members of the Group.

Not applicable, see attached Exhibit A.

Item 9. Notice of Dissolution of Group.

Not applicable.

Item 10. Certification.

By signing below I certify that, to the best of my knowledge and belief, the securities referred to above were acquired in the ordinary course of business and were not acquired for the purpose of and do not have the effect of changing or influencing the control of the issuer of such securities and were not acquired in connection with or as a participant in any transaction having such purpose or effect.

Signature

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this Schedule 13G in connection with FMR Corp's beneficial ownership of the common stock of Unifi Incorporated at December 31, 1994 is true, complete and correct.

February 13, 1995

Date

/s/Arthur S. Loring Signature

Arthur S. Loring, Vice

President Name/Title SCHEDULE 13G - TO BE INCLUDED IN STATEMENTS FILED PURSUANT TO RULE 13d-1(b) or 13d-2(b)

Pursuant to the instructions in Item 7 of Schedule 13G, Fidelity Management & Research Company ("Fidelity"), 82 Devonshire Street, Boston, Massachusetts 02109, a wholly-owned subsidiary of FMR Corp. and an investment adviser registered under Section 203 of the Investment Advisers Act of 1940, is the beneficial owner of 9,862,644 shares or 13.67% of the common stock outstanding of Unifi Incorporated ("the Company") as a result of acting as investment adviser to several investment companies registered under Section 8 of the Investment Company Act of 1940. The number of shares of common stock of Unifi Incorporated owned by the investment companies at December 31, 1994 included 1,695,294 shares of common stock resulting from the assumed conversion of \$50,295,000 principal amount of 6% Convertible Subordinated Debentures (33.707 shares of common stock for each \$1,000 principal amount of debenture).

Edward C. Johnson 3d, FMR Corp., through its control of Fidelity, and the Funds each has sole power to dispose of the 9,862,644 shares owned by the Funds.

Neither FMR Corp. nor Edward C. Johnson 3d, Chairman of FMR Corp., has the sole power to vote or direct the voting of the shares owned directly by the Fidelity Funds, which power resides with the Funds' Boards of Trustees. Fidelity carries out the voting of the shares under written guidelines established by the Funds' Boards of Trustees.

Fidelity Management Trust Company, 82 Devonshire Street, Boston, Massachusetts 02109, a wholly-owned subsidiary of FMR Corp. and a bank as defined in Section 3(a)(6) of the Securities Exchange Act of 1934, is the beneficial owner of 802,948 shares or 1.11% of the common stock outstanding of the company as a result of its serving as investment manager of the institutional account(s). The number of shares of common stock of Unifi Incorporated owned by the institutional account(s) at December 31, 1994 included 70,448 shares of common stock resulting from the assumed conversion of \$2,090,000 principal amount of the 6% Convertible Subordinated Debentures described above.

Edward C. Johnson 3d and FMR Corp., through its control of Fidelity Management Trust Company, has sole dispositive power over 802,948 shares and sole power to vote or to direct the voting of 503,890 shares, and no power to vote or to direct the voting of 299,058 Shares of common stock owned by the institutional account(s) as reported above.

Edward C. Johnson 3d and Abigail P. Johnson each own 24.9% of the outstanding voting common stock of FMR Corp. Mr. Johnson 3d is Chairman of FMR Corp. Various Johnson family members and trusts for the benefit of Johnson family members own FMR Corp. voting common stock. These Johnson family members, through their ownership of voting common stock and the execution of a family shareholders' voting agreement, form a controlling group with respect to FMR Corp.

SCHEDULE 13G - TO BE INCLUDED IN STATEMENTS FILED PURSUANT TO RULE 13d-1(b) or 13d-2(b)

RULE 13d-1(f)(1) AGREEMENT

FMR Corp.

The undersigned persons, on February 13, 1995, agree and consent to the joint filing on their behalf of this Schedule 13G in connection with their beneficial ownership of the common stock of Unifi Incorporated at December 31, 1994.

By /s/Arthur S. Loring
Arthur S. Loring
Vice President - Legal
Edward C. Johnson 3d
By /s/Arthur S. Loring
Arthur S. Loring
Under Power of Attorney dated
5/17/89
On File with Schedule 13G for
Airborne Freight Corp. 9/10/91
Fidelity Management & Research Company
By /s/Arthur S. Loring

Arthur S. Loring Sr. V.P. and General Counsel