FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

ı	OMB APPRO	JVAL
	OMB Number:	3235-0287
l	Estimated average burd	en
	hours per response:	0.5

F

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  ARMFIELD WILLIAM J IV							2. Issuer Name and Ticker or Trading Symbol UNIFI INC [ UFI ]											p of Reportir plicable)	of Reporting Person(s) to Issuer cable)		
(Last)							3. Date of Earliest Transaction (Month/Day/Year) 12/22/2005										Offic below	icer (give title		10% Owner Other (specify below)	
(Street) GREENSBORO NC 27401 (City) (State) (Zip)						4. If <i>i</i>	4. If Amendment, Date of Original Filed (Month/Day/Year)										Forn Forn	idual or Joint/Group Filing (Check Applicable  Form filed by One Reporting Person  Form filed by More than One Reporting  Person			
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
1. Title of Security (Instr. 3)  2. Transac Date (Month/Date)					Execution Date,			3. Transa Code ( 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)						ties cially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	(A) or (D) Pr		Pric	ce	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common	/2005	005		G	V	9,165		D	\$0		1,043,065			D							
Common Stock 12/29/							2005				V	31,170	)	D	\$0		1,011,895			D	
Common Stock 12/30/2						/2005	2005			G	V	42,430	)	D	\$0		969,465			D	
Common Stock																	2	2,680		I	Childrens Trusts
			Та									sed of, onvertib					wned				
1. Title of Derivative Security (Instr. 3)	ative Conversion Date Execution rity or Exercise (Month/Day/Year) if any				Date, Transaction			on of		6. Date E Expiratio (Month/D	n Dat	•	7. Title and Amount of Securities Underlying Derivative Security (Ins and 4)			Der Sec (Ins	rice of ivative urity itr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	,	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisa		Expiration Date	Amoun or Numbe of Shares		mber								

**Explanation of Responses:** 

/s/William J. Armfield, IV

01/11/2006

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.