SEC Form 4	
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## FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to	)
Section 16. Form 4 or Form 5	
obligations may continue. See	
Instruction 1(b).	

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

## OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

					01	Secu	JII 30(II) (	Ji ule	invesunen		Ipany Act	01 1940							
1. Name and Address of Reporting Person <sup>*</sup> SMITH RONALD L						2. Issuer Name <b>and</b> Ticker or Trading Symbol <u>UNIFI INC</u> [ UFI ]								(Che	elationship o ck all applic Directo	cable) or	ig Pers	10% Ov	vner
(Last) 3900 KA	(Last) (First) (Middle) 3900 KATIE DRIVE					3. Date of Earliest Transaction (Month/Day/Year) 07/28/2009									X Officer (give title Other (specif below) below) Vice President & CFO				
(Street) GREENSBORO NC 27410 (City) (State) (Zip)				4.	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Tal	ole I - Non	-Deriv	ativ	e Se	curities	s Ac	quired,	Dis	oosed o	of, or Be	nefi	cially	y Owned				
1. Title of Security (Instr. 3) Date (Month/I					ear)   E	2A. Deemed Execution Date, if any (Month/Day/Year		Code (I		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)			4 and Securitie Benefici Owned I		es ally Following	Form (D) o	r Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership	
								Code	v	Amount	(A) or (D)		rice	Reported Transact (Instr. 3 a	tion(s)			(Instr. 4)	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversior or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day/	ate,	4. Transa Code ( 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisa Expiration Date (Month/Day/Year			7. Title and Amo of Securities Underlying Derivative Secu (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e Ownersh s Form: Illy Direct (D or Indire g (I) (Instr.		Beneficial Ownership t (Instr. 4)
					Code	v	(A)	(D)	Date Exercisab		xpiration Date	Title	Amo or Num of Shai	ber					
Stock Option (Right to Buy)	\$1.91	07/28/2009			A		75,000		07/28/201	0 0	7/28/2019	Common Stock	75,	000	\$1.91	75,00	0	D	
Stock Option (Right to Buy)	\$1.91	07/28/2009			A		75,000		07/28/201	1 0	7/28/2019	Common Stock	75,	000	\$1.91	150,00	00	D	
Stock Option (Right to	\$1.91	07/28/2009			Α		75,000		07/28/201	2 0	7/28/2019	Common Stock	75,	000	\$1.91	225,00	00	D	

Explanation of Responses:

Buy)

## /s/Ronald L. Smith

07/29/2009

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $\ast$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.