FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington D.C. 20549

| Washington, | D.C. 20549 | |
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STATEMENT OF CHANGES IN BENEFICIAL

| | OMB APP | OMB APPROVAL | | | | | |
|-----------|-------------|--------------|--|--|--|--|--|
| OWNERSHIP | OMB Number: | 3235-028 | | | | | |

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hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person* <u>Carey Albert P</u> | | | | | 2. Issuer Name and Ticker or Trading Symbol UNIFI INC [UFI] | | | | | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner | | | | | | |
|--|--|------|---------------|---|--|---|---|--------------------|--------------------------------------|---|---|--|-------------|---|--|--|--|---|----------|--|
| (Last) (First) (Middle) 700 ANDERSON HILL ROAD | | | | 3. Date of Earliest Transaction (Month/Day/Year) 10/31/2018 | | | | | | | | | | icer (give title ow) | | Other below) | (specify | | | |
| (Street) PURCHA | | | .0577 Zip) | | 4. If | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | | ine) X Fo Fo | -/ | | | | | |
| Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned | | | | | | | | | | | | | | | | | | | | |
| Date | | | Date | h/Day/Year) if a | | 2A. Deemed Execution Date, if any (Month/Day/Year) | | Code (| Transaction Disposed Code (Instr. 5) | | rities Acquired (A) ed Of (D) (Instr. 3, 4 | | | nd Secu Bend Own | mount of irities eficially ed Following | Form | nership : Direct Indirect str. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | | |
| | | | | | | | | | | v | Amount | (| A) or D) | Price | Tran | Reported Transaction(s) (Instr. 3 and 4) | | | (msu. 4) | |
| Common Stock ⁽¹⁾ | | | | 10/31/2018 | | | | | | 6,446 | 5 | A \$0 | | 9,581 | | | D | | | |
| | Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | | | | | | | |
| 1. Title of Derivative Security (Instr. 3) | ative Conversion Date Execution Date, if any | | | ransaction of ode (Instr. Derivative | | Expiration | 5. Date Exercisable and Expiration Date Month/Day/Year) | | | 7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4) | | 8. Price o Derivative Security (Instr. 5) | | Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) | | | | | |
| Cod | | Code | v | (A) | (D) | Date Exercisal | | Expiration Date | Title | of Sha | | | | | | | | | | |

Explanation of Responses:

1. Represents a grant of unrestricted units of common stock from the issuer for services as a director of the issuer pursuant to the issuer's director compensation policy. The units were fully vested on the date of grant and will be converted into an equivalent number of shares of common stock following the reporting person's termination of service as a director of the issuer.

Remarks:

/s/ Albert P. Carey by Ben Sirmons POA 11/02/2018

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.