UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of Report (Date of earliest event reported): February 5, 2009

UNIFI, INC.

(Exact name of registrant as specified in its charter)

1-10542 (Commission File Number) **11-2165495** (IRS Employer Identification No.)

New York (State of Incorporation)

> 7201 West Friendly Avenue Greensboro, North Carolina 27410

(Address of principal executive offices, including zip code)

(336) 294-4410 (Registrant's telephone number, including area code)

Not Applicable

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

o Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

o Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

o Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

o Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

ITEM 2.02. RESULTS OF OPERATIONS AND FINANCIAL CONDITION.

On February 5, 2009, Unifi, Inc. (the "Registrant") issued a press release announcing its preliminary operating results for its second fiscal quarter ended December 28, 2008, which press release is attached hereto as Exhibit 99.1 and is incorporated herein by reference.

ITEM 7.01. REGULATION FD DISCLOSURE.

On February 5, 2009, the Registrant will host a conference call to discuss its preliminary operating results for its second fiscal quarter ended December 28, 2008. The slide package prepared for use by executive management for this presentation is attached hereto as Exhibit 99.2. All of the information in the presentation is presented as of February 5, 2009, and the Registrant does not assume any obligation to update such information in the future.

The information included in the preceding paragraph, as well as the exhibit referenced therein, shall not be deemed "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended, nor shall it be deemed incorporated by reference in any filing under the Securities Act of 1933, as amended.

ITEM 8.01. OTHER EVENTS.

On February 5, 2009, the Registrant issued a press release announcing its preliminary operating results for its second fiscal quarter ended December 28, 2008, which press release is attached hereto as Exhibit 99.1 and is incorporated herein by reference.

ITEM 9.01. FINANCIAL STATEMENTS AND EXHIBITS.

(d) Exhibits.

EXHIBIT NO.

DESCRIPTION OF EXHIBIT

- 99.1 Press Release dated February 5, 2009 with respect to the Registrant's preliminary operating results for its fiscal quarter ended December 28, 2008.
- 99.2 Slide Package prepared for use in connection with the Registrant's conference call to be held on February 5, 2009.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

UNIFI, INC.

By: /s/ Charles F. McCoy

Charles F. McCoy Vice President, Secretary and General Counsel

Dated: February 5, 2009

INDEX TO EXHIBITS

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For more information, contact: Ronald L. Smith Chief Financial Officer (336) 316-5545

Unifi Announces Second Quarter Results

GREENSBORO, N.C. – February 5, 2009 – Unifi, Inc. (NYSE:UFI) today released preliminary operating results for its second fiscal quarter ended December 28, 2008.

Net sales for the current quarter were \$125.7 million, which represents a \$57.7 million decrease from net sales of \$183.4 million for the prior year December quarter. Net sales were negatively impacted by the reduced demand for the Company's products caused by sharp declines in consumer spending and compounded by the related effect of excess inventory across the respective supply chains. In addition, the prior year quarter contained approximately \$7 million of sales from its commodity POY facility in Kinston N.C., which ceased operations during that quarter.

For the December quarter, loss from continuing operations before taxes was \$8.7 million and net loss was \$9.1 million or \$0.15 per share, which compares to a loss from continuing operations before taxes of \$13.6 million and a net loss of \$7.7 million or \$0.13 per share in the prior December quarter. The prior year quarter included the negative impact of \$6.3 million in restructuring and severance charges and \$2.2 million of impairment charges. The decrease in current quarter results was predominately driven by the decreased demand and higher priced raw material purchased from the first fiscal quarter working its way through the Company's inventory.



"Retail sales in our primary end-use segments: apparel, home furnishings and automotive, were all down dramatically in the quarter, resulting in a significant buildup of inventory throughout the supply chain," said Ron Smith, Chief Financial Officer for Unifi. "In response, brands and retailers cancelled orders and fabric mills curtailed production suddenly during the fourth quarter, which dramatically reduced demand for our products. Based on current retail sales estimates, we expect it to take an additional four to six months for this built-up inventory to completely work through the supply chain. Accordingly, we anticipate continued pressure on our sales throughout the second half of the fiscal year. We do, however, expect conversion margins and cost to improve during the second half of the fiscal year, and we anticipate continued strength in our sales to the CAFTA region as more apparel production is shifted there from Asia to reduce the overall sourcing cycle."

Net loss for the first half of fiscal 2009 was \$9.7 million or \$0.16 per share compared to a net loss of \$16.9 million or \$0.28 per share for the same prior year period. Net sales for the first half of fiscal 2009 were \$294.7 million compared to net sales of \$353.9 million for the prior year period, which included approximately \$19 million of sales from our now closed Kinston N.C. facility.

Cash-on-hand at the end of the December 2008 quarter was \$12.6 million, a decrease of \$7.8 million from the cash-on-hand at the end of the September 2008 quarter, as \$6.8 million in proceeds from asset sales were offset by working capital uses, the semi-annual note interest payment and the currency effect on cash in Brazil. Total cash and cash equivalents at the end of December, including restricted cash, were \$32.4 million compared to \$47.7 million at the end of September. At the end of December, long-term debt was reduced to \$193.7 million from \$196.5 million as of the end of September.



Bill Jasper, President and CEO of Unifi, said, "We are confident that the Company has the financial stability to withstand one of the harshest operating environments we have seen in decades and to outlast the inventory de-stocking that is taking place throughout the supply chain. We believe we have strong liquidity and a debt structure that will allow us to pursue our strategies without the undue pressure of financial maintenance covenants. Although uncertainty around the depth and duration of the recession makes it difficult to project when sales will rebound, our cost savings initiatives and the improvements already in place will allow us to weather the storm and emerge as a more competitive and more profitable Company. We will continue to invest in the development and commercialization of new products and branded premium value-added yarns during these difficult times to help capitalize on the opportunities that will arise as market conditions normalize. We are focused on aggressively improving our business fundamentals and strengthening our overall market position."

Unifi, Inc. (NYSE: UFI) is a diversified producer and processor of multi-filament polyester and nylon textured yarns and related raw materials. The Company adds value to the supply chain and enhances consumer demand for its products through the development and introduction of branded yarns that provide unique performance, comfort and aesthetic advantages. Key Unifi brands include, but are not limited to: AIO[®] — all-in-one performance yarns, SORBTEK[®], A.M.Y.[®], MYNX[®] UV, REPREVE[®], REFLEXX[®], MICROVISTA[®] and SATURA[®]. Unifi's yarns and brands are readily found in home furnishings, apparel, legwear, and sewing thread, as well as industrial, automotive, military, and medical applications. For more information about Unifi, visit <u>www.unifi.com</u>, or to learn more about REPREVE[®], visit <u>www.repreve.com</u>.

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Financial Statements to Follow



UNIFI, INC. CONSOLIDATED STATEMENTS OF OPERATIONS

(Unaudited) (In Thousands Except Per Share Data)

		For the Quarters Ended			For Year To Date Periods Ended			
	Dece	mber 28, 2008		nber 23, 2007		nber 28, 2008		nber 23, 2007
Net sales	\$	125,727	\$	183,369	\$	294,736	\$	353,905
Cost of sales		123,415		175,049		278,999		334,592
Selling, general & administrative expenses		9,304		12,008		19,849		26,462
Provision (recovery) for bad debts		501		(189)		1,059		65
Interest expense		5,748		6,578		11,713		13,290
Interest income		(680)		(746)		(1,593)		(1,580)
Other (income) expense, net		(5,212)		(2,192)		(5,773)		(3,190)
Equity in (earnings) losses of unconsolidated affiliates		(162)		21		(3,644)		(157)
Write down of long-lived assets		_		2,247				2,780
Write down of investment in unconsolidated affiliates		1,483				1,483		4,505
Restructuring charges		—		4,205				6,837
Loss from continuing operations before income taxes		(8,670)		(13,612)		(7,357)		(29,699)
Provision (benefit) from income taxes		614		(5,757)		2,499		(12,688)
Loss from continuing operations		(9,284)		(7,855)		(9,856)		(17,011)
Income from discontinued operations, net of tax		216		109		112		77
Net loss	\$	(9,068)	\$	(7,746)	\$	(9,744)	\$	(16,934)
Income (loss) per common share (basic and diluted):								
Net loss — continuing operations	\$	(0.15)	\$	(0.13)	\$	(0.16)	\$	(0.28)
Net income — discontinued operations		—						—
Net loss — basic and diluted	\$	(0.15)	\$	(0.13)	\$	(0.16)	\$	(0.28)
Weighted average basic and diluted shares outstanding		62,030		60,553		61,582		60,545



UNIFI, INC.

CONSOLIDATED BALANCE SHEETS (Amounts in Thousands)

	mber 28, 2008 Unaudited)	<u>June 29, 2008</u>
Assets	,	
Cash and cash equivalents	\$ 12,619	\$ 20,248
Receivables, net	68,611	103,272
Inventories	127,107	122,890
Deferred income taxes	1,417	2,357
Assets held for sale	1,700	4,124
Restricted cash	5,970	9,314
Other current assets	 5,330	3,693
Total current assets	222,754	265,898
Property, plant and equipment, net	162,295	177,299
Investments in unconsolidated affiliates	71,094	70,562
Restricted cash	13,817	26,048
Goodwill	18,579	18,579
Intangible assets, net	19,328	20,386
Other noncurrent assets	 10,841	12,759
	\$ 518,708	\$ 591,531
Liabilities and Shareholders' Equity		
Accounts payable	\$ 28,505	\$ 44,553
Accrued expenses	17,475	25,531
Income taxes payable	41	681
Current maturities of long-term debt and other current liabilities	 6,313	9,805
Total current liabilities	52,334	80,570
Long-term debt and other liabilities	195,502	204,366
Deferred income taxes	477	926
Shareholders' equity	 270,395	305,669
	\$ 518,708	\$ 591,531



UNIFI, INC.

CONSOLIDATED STATEMENTS OF CASH FLOWS (Unaudited) (Amounts in Thousands)

	For the Six-Months Ende			d	
		oer 28, 2008		ıber 23, 2007	
Cash and cash equivalents at beginning of year	\$	20,248	\$	40,031	
Operating activities:					
Net loss		(9,744)		(16,934)	
Adjustments to reconcile net loss to net cash used in continuing operating activities:					
Income from discontinued operations		(112)		(77)	
(Earnings) losses of unconsolidated equity affiliates, net of distributions		(1,579)		303	
Depreciation		15,832		18,850	
Amortization		2,137		2,324	
Stock-based compensation expense		622		392	
Deferred compensation expense (recovery), net		(69)		173	
Net gain on asset sales		(5,910)		(1,413)	
Non-cash write down of long-lived assets		_		2,780	
Non-cash write down of investment in unconsolidated affiliate		1,483		4,505	
Non-cash portion of restructuring charges		—		6,837	
Deferred income tax expense (benefit)		35		(14,699)	
Provision for bad debts		1,059		65	
Other		256		(568)	
Change in assets and liabilities, excluding effects of acquisitions and foreign currency adjustments		(11,962)		(8,124)	
Net cash used in continuing operating activities		(7,952)		(5,586)	
Investing activities:					
Capital expenditures		(7,829)		(3,827)	
Acquisition		(500)		_	
Change in restricted cash		10,118		(14,810)	
Proceeds from sale of capital assets		6,950		10,560	
Proceeds from sale of equity affiliate		_		8,750	
Collection of notes receivable		—		267	
Return of capital from equity affiliate		_		234	
Net cash provided by investing activities		8,739		1,174	
Financing activities:					
Borrowings of long-term debt		14,600			
Payments of long-term debt		(20,578)		(11,000)	
Proceeds from stock option exercises		3,830		(11,000)	
Other		37		(708)	
Net cash used in financing activities		(2,111)		(11,708)	
-		(2,111)		(11,700)	
Cash flows of discontinued operations: Operating cash flow		(162)		(201)	
· ·		(162)		(201)	
Net cash used in discontinued operations		(162)		(201)	
Effect of exchange rate changes on cash and cash equivalents		(6,143)		2,065	
Net decrease in cash and cash equivalents		(7,629)		(14,256)	
Cash and cash equivalents at end of period	\$	12,619	\$	25,775	



CAUTIONARY STATEMENT ON FORWARD-LOOKING STATEMENTS

Certain statements included herein contain forward-looking statements within the meaning of federal security laws about Unifi, Inc.'s (the "Company") financial condition and results of operations that are based on management's current expectations, estimates and projections about the markets in which the Company operates, as well as management's beliefs and assumptions. Words such as "expects," "anticipates," "believes," "estimates," variations of such words and other similar expressions are intended to identify such forward-looking statements. These statements are not guarantees of future performance and involve certain risks, uncertainties and assumptions, which are difficult to predict. Therefore, actual outcomes and results may differ materially from what is expressed or forecasted in, or implied by, such forward-looking statements. Readers are cautioned not to place undue reliance on these forward-looking statements, which reflect management's judgment only as of the date hereof. The Company undertakes no obligation to update publicly any of these forward-looking statements to reflect new information, future events or otherwise.

Factors that may cause actual outcome and results to differ materially from those expressed in, or implied by, these forward-looking statements include, but are not necessarily limited to, availability, sourcing and pricing of raw materials, pressures on sales prices and volumes due to competition and economic conditions, reliance on and financial viability of significant customers, operating performance of joint ventures, alliances and other equity investments, technological advancements, employee relations, changes in construction spending, capital expenditures and long-term investments (including those related to unforeseen acquisition opportunities), continued availability of financial resources through financing arrangements and operations, outcomes of pending or threatened legal proceedings, negotiation of new or modifications of existing contracts for asset management and for property and equipment construction and acquisition, regulations governing tax laws, other governmental and authoritative bodies' policies and legislation, and proceeds received from the sale of assets held for disposal. In addition to these representative factors, forward-looking statements could be impacted by general domestic and inflation rates, recession and other economic and political factors over which the Company has no control. Other risks and uncertainties may be described from time to time in the Company's other reports and filings with the Securities and Exchange Commission.

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Unifi, Inc.

Second Quarter Ended December 28, 2008

Conference Call

Unifi, Inc. Second Qtr. Conf. Call February 5, 2009

Cautionary Statement

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Income Statement Highlights

(Amounts in thousands)

	For the Quar	ters Ended
	December 2008	December 2007
Net sales from continuing operations	\$125,727	\$183,369
Loss from continuing operations before income taxes	(8,670)	(13,612)
Loss from continuing operations	(9,284)	(7,855)
Selling, general and administrative expense	9,304	12,008
Interest expense	5,748	6,578
Depreciation and amortization expense	7,633	10,123
Net loss	(9,068)	(7,746)

Income Statement Highlights

(Amounts in thousands)

	For the Six-M	onths Ended
	December 2008	December 2007
Net sales from continuing operations	\$294,736	\$353,905
Loss from continuing operations before income taxes	(7,357)	(29,699)
Loss from continuing operations	(9,856)	(17,011)
Selling, general and administrative expense	19,849	26,462
Interest expense	11,713	13,290
Depreciation and amortization expense	17,391	20,593
Net loss	(9,744)	(16,934)

Volume and Pricing Highlights

(Amounts in thousands, except percentages)

	Dec. 2008 as C	For the Quarter Ended Dec. 2008 as Compared to Dec. 2007		ter Ended ompared to 008
	Volume	Price	Volume	Price
Polyester	-32.7%	2.3%	-19.3%	-4.3%
Nylon	-30.0%	-4.2%	-28.0%	-3.0%
Consolidated	-32.4%	1.0%	-20.4%	-5.2%
				5

Balance Sheet Highlights

(Amounts in thousands, except percentages and days in receivables/payables)

	December 2008	September 2008	June 2008	March 2008
Cash	\$ 12,619	\$ 20,396	\$ 20,248	\$ 26,187
Restricted Cash-Domestic	11,106	14,543	18,246	16,374
Restricted Cash-Foreign Deposits	8,681	12,754	17,116	16,424
Short-Term Debt	6,313	7,651	9,657	9,382
Long-Term Debt	193,747	196,481	201,801	218,384
Total Debt	\$200,060	\$204,132	\$211,458	\$227,766
Equity	270,395	292,979	305,669	296,560
Net Working Capital (1)	\$149,848	\$153,642	\$156,469	\$ 153,111
Days in receivables	49.8	51.4	49.7	53.3
Days in payables	20.7	23.7	21.4	23.7

(1) Includes only Accounts Receivable, Inventories, Accounts Payable, and Accrued Expenses; excludes discontinued operations

Equity Affiliates Highlights

(Amounts in thousands, except percentages)

	Q	uarter Ended I	December 2008	Year-To-Date December 2008		
	Earnin	gs (Loss)	Distributions	Earnings (Loss)	Distributions	
Parkdale America (34%)	\$	610	\$ —	\$ 4,060	\$ 2,065	
UNF (50%)		(448)		(416)		
Total earnings	\$	162	\$ —	\$ 3,644	\$ 2,065	
					7	
					/	

Adjusted EBITDA Reconciliation to Pre-Tax Income

(Amounts in thousands)

	Septer	/Quarters Ended\ September 28, 2008 December 28, 2008			Year-to-Date December 28, 2008	
Pre-tax income (loss) from continuing operations	\$	1,313	\$	(8,670)	\$	(7,357)
Interest expense, net		5,052		5,068		10,120
Depreciation and amortization expense		9,758		7,633		17,391
Equity in earnings of unconsolidated equity affiliates		(3,482)		(162)		(3,644)
Non-cash compensation, net of distributions		201		353		554
Gain on sales of PP&E		(315)		(5,594)		(5,909)
Hedging (gains) losses		86		(94)		(8)
Write down of long-lived assets and unconsolidated						
affiliate		_		1,483		1,483
Asset consolidation and optimization expense		1,240		2,128		3,368
Kinston shutdown expenses		30				30
Adjusted EBITDA	\$	13,883	\$	2,145	\$	16,028

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Non-GAAP Financial Measures

Non-GAAP Financial Measures

Included in this presentation are certain non-GAAP financial measures designed to complement the financial information presented in accordance with generally accepted accounting principles in the United States of America because management believes such measures are useful to investors.

Adjusted EBITDA

Adjusted EBITDA represents pre-tax income before interest expense, depreciation and amortization expense and loss or income from discontinued operations, adjusted to exclude equity in earnings and losses of unconsolidated affiliates, write down of long-lived assets and unconsolidated affiliate, non-cash compensation expense, gains and losses on sales of property, plant and equipment, hedging gains and losses, asset consolidation and optimization expense, and Kinston shutdown costs. We present Adjusted EBITDA as a supplemental measure of our performance and ability to service debt. We also present Adjusted EBITDA because we believe such measure is frequently used by securities analysts, investors and other interested parties in the evaluation of companies in our industry and in measuring the ability of "high-yield" issuers to meet debt service obligations.

We believe Adjusted EBITDA is an appropriate supplemental measure of debt service capacity, because cash expenditures on interest are, by definition, available to pay interest, and tax expense is inversely correlated to interest expense because tax expense goes down as deductible interest expense goes up; depreciation and amortization are non-cash charges. Equity in earnings and losses of unconsolidated affiliates is excluded because such earnings or losses do not have an impact on our ability to service our debt. The other items excluded from Adjusted EBITDA are excluded in order to better reflect our continuing operations.

In evaluating Adjusted EBITDA, you should be aware that in the future we may incur expenses similar to the adjustments in this presentation. Our presentation of Adjusted EBITDA should not be construed as an inference that our future results will be unaffected by unusual or non-recurring items. Adjusted EBITDA is not a measurement of our financial performance under GAAP and should not be considered as an alternative to net income, operating income or any other performance measures derived in accordance with GAAP or as an alternative to cash flow from operating activities as a measure of our liquidity.

Non-GAAP Financial Measures – continued

Our Adjusted EBITDA measure has limitations as an analytical tool, and you should not consider it in isolation or as a substitute for analysis of our results as reported under GAAP. Some of these limitations are:

- it does not reflect our cash expenditures, future requirements for capital expenditures or contractual commitments;
- it does not reflect changes in, or cash requirements for, our working capital needs;
- it does not reflect the significant interest expense or the cash requirements necessary to service interest or principal payments on our debt;
- although depreciation and amortization are non-cash charges, the assets being depreciated and amortized will often have to be replaced in the future, and our Adjusted EBITDA measure does not reflect any cash requirements for such replacements;
- it is not adjusted for all non-cash income or expense items that are reflected in our statements of cash flows;
- it does not reflect the impact of earnings or charges resulting from matters we consider not be indicative of our ongoing operations;
- it does not reflect limitations on or costs related to transferring earnings from our subsidiaries to us; and
- other companies in our industry may calculate this measure differently than we do, limiting its usefulness as a comparative measure.

Because of these limitations, Adjusted EBITDA should not be considered as a measure of discretionary cash available to us to invest in the growth of our business or as a measure of cash that will be available to us to meet our obligations, including those under the notes. You should compensate for these limitations by relying primarily on our GAAP results and using Adjusted EBITDA only supplementally.