FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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0.5

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person [*] <u>CAUDLE THOMAS H JR</u>				2. Issuer Name and Ticker or Trading Symbol UNIFI INC [UFI]									Relationship neck all applic Directo	cable) or	Pers	10% Ov	vner	
(Last) (First) (Middle) 9116 GREAT MEADOWS DRIVE						3. Date of Earliest Transaction (Month/Day/Year) 07/28/2009								X Officer below)		Other (spe below) President		респу
(Street) CLEMMONS NC 27012				4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting					
(City)	(S	itate)	(Zip)									Person						
		Tab	ole I - Non-l	Deriva	tive	Sec	curities	s Ac	quired, D	isp	osed o	f, or Bei	neficia	lly Owned				
1. Title of Security (Instr. 3) 2. Transa Date (Month/D				ate		A. Deeme Execution f any Month/Da	Date	Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)			Benefici	es ally Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
							Code	<i>,</i>	Amount	(A) or (D)	Price	Transact (Instr. 3	ion(s)			(111341. 4)		
		-	Table II - Do (e						uired, Dis s, options					/ Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Dat if any (Month/Day/Yo	Co	ransaction code (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisa Expiration Date (Month/Day/Year			7. Title and of Securiti Underlying Derivative (Instr. 3 and	es J Security	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	Ow For Dir or I (I) (10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
				Co	ode V	,	(A)	(D)	Date Exercisable		piration te	Title	Amount or Number of Shares					
Stock Option (Right to Buy)	\$1.91	07/28/2009		,	A		36,666		07/28/2010	07/	/28/2019	Common Stock	36,666	\$1.91	36,666		D	
Stock Option (Right to Buy)	\$1.91	07/28/2009			A		36,667		07/28/2011	07/	/28/2019	Common Stock	36,667	\$1.91	73,333		D	
Stock Option (Right to	\$1.91	07/28/2009			A		36,667		07/28/2012	07/	/28/2019	Common Stock	36,667	\$1.91	110,000		D	

Explanation of Responses:

/s/Thomas H. Caudle, Jr.

07/29/2009

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.