FORM 4

obligations may continue. See Instruction 1(b).

Check this box if no longer subject to Section 16. Form 4 or Form 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

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OMB APPROVAL

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* SMOSNA CHRISTOPHER A					2. Issuer Name and Ticker or Trading Symbol UNIFI INC [UFI]									heck all D	applicable) irector		Owner	
(Last) (First) (Middle) 7201 W. FRIENDLY AVENUE					3. Date of Earliest Transaction (Month/Day/Year) 08/05/2019									A b	fficer (give title elow) VP, Treasurer	& Interim CI	′	
(Street) GREENSBORO NC 27410 (City) (State) (Zip)				4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								ne) <mark>X</mark> F	Form filed by One Reporting Person Form filed by More than One Reporting Person				
(- 4)	(e I - Nor	-Deriv	ativo	Sec	uritio	s Acc	nuired	Die	nosed o	f or	Rene	ficia	IIv Ov	med		
1. Title of Security (Instr. 3) 2. Tra			2. Transa	action 2A. Deemed Execution Da		ned n Date,	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 5)		(A) or 3, 4 an	5. A See Bee Ow Re	Amount of curities neficially ned Following ported nsaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
Common Stock				08/05/	/2019				Code	$\overline{}$		(D) A		Price \$0	(In:	8,763	D	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Derivati e.g., pu ed Date,	ve S	ecui alls, ction Instr.		mber ative rities ired . 3, 4		xercis n Date ay/Yea	onvertib	7. Tir Amo Secu Unde Deriv	tle and unt of urities erlying vative urity (Ins 4) Amo or Num of	etr. 3	8. Price Derivating Security (Instr. 5)	of 9. Number of derivative Securities	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)

Explanation of Responses:

1. Represents a grant of restricted stock units from the issuer for services as an officer of the issuer. Each restricted stock unit represents a right to receive one share of the issuer's common stock. The restricted stock units vest over a three-year period, with 25% vesting on September 5, 2020, 25% vesting on August 5, 2021 and 50% vesting on August 5, 2022.

Remarks:

/s/ Christopher A. Smosna 08/07/2019

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.